



PEMBANGUNAN SUMBER
MANUSIA BERHAD
(PSMB)

HRDF
Claimable

BALIK PULAU NATURE & KAMPUNG HUNT

“BUILD A WINNING TEAM”



METRO GREEN ADVENTURE SDN. BHD.

KPL/LN# 6810
8/3/2018

KEN KHOR

MARKETING DIRECTOR



METRO BIKE



Penang
Convention &
Exhibition Bureau
(PCEB) Partner



2012/2013
TOURISM MALAYSIA AWARD
THE BEST TOUR PACKAGE
SPECIAL INTEREST

1 Day – Build a Winning Team Workshop



1/2 Day Team Building Type of Activities & Programs



Program#1



Program#2



Program#3



Program#4

1/2 Day Team Workshop

Workplace
Teamwork
Simulation

Individual
Problems
& Differences

Tuckman's Team
Development

Team Conflict
Management

Team Synergy



Company Background

Metro Bike was established since 2010 that provide bicycle rental and bicycle tour for tourists within UNESCO George Town inner city.

- Licensed by Ministry of Tourism and Culture Malaysia (Motac) - Year 2012
- Industry Partnership with Penang Conference Exhibition Bureau (PCEB) – Year 2016
- Certified HRDF Training Provider in Year 2017
- Track Records:
 - 1st George Town Bike Rent Center & 1st Bike Tour Operator
 - Awarded “ 2012/2013 Best Tour Package – Special Interest” by Tourism Malaysia
 - Awarded Certificate of Excellence by Tripadvisor Year 2013, 2014, 2015 & 2016



Corporate Events & Activities Support



HRDF Training Courses



Travel Transport



Heritage Trishaw Tour



Sight Seeing



Corporate Teambuilding



Round Island Cycling



CSR Activities



Event Planner



Cycling For Charity Event

Corporate Teambuilding (1)



[Eastin Hotel](#)
[29/10/2010](#)



[HG Media Group](#)
[5/1/2012](#)



[AMD PG](#)
[16/3/2012](#)



[Jabil PG](#)
[19/4/2012](#)



[UOB PG HQ](#)
[12/5/2012](#)



[UOB BM](#)
[9/6/2012](#)



[UOB Kelawei](#)
[30/6/2012](#)



[Great Eastern Insurance](#)
[8/9/2012](#)



[Fullerton SG](#)
[8/9/2012](#)



[KPMG SG](#)
[30/9/2012](#)



[Coca-Cola Msia](#)
[30/9/2012](#)



[Monsanto SG](#)
[14/12/2012](#)



[First Solar US](#)
[16/2/2013](#)



[Intel PG](#)
[1/3/2013](#)



[Panasonic Kulim](#)
[3/4/2013](#)



[Plexus PG](#)
[16/6/2013](#)



[PTS Properties Melaka](#)
[29/6/2013](#)



[Altera PG](#)
[19/8/2013](#)



[Motorola PG](#)
[31/10/2013](#)



[Avago Asia](#)
[26/9/2013](#)



[First Solar Kulim](#)
[13/12/2013](#)



[Continental Tire](#)
[23/2/2014](#)



[Intel PG](#)
[3/3/2014](#)



[National Instrument](#)
[12/5/2014](#)

Corporate Teambuilding (2)



[Bromma Ipoh](#)
13/10/2014



[Four Points Hotel](#)
1/11/2014



[Ingersoll Rand](#)
29/11/2014



[Samsung PG](#)
14/12/2014



[HersheySEA](#)
23/4/2015



[Pfizer SEA](#)
12/5/2015



[First Solar International](#)
12/6/2015



[DDB Group HK](#)
18/9/2015



[JTI SEA](#)
24/10/2015



[YMCA HK](#)
7/1/2016



[APPLE APAC](#)
22/1/2016



[Intel PG](#)
04/3/2016



[IPinGlobal SG](#)
20/3/2016



[CWM Group](#)
14/5/2016



[Flextronic Int.](#)
18/5/2016



[BOSCH APAC](#)
8/6/2016



[TTG ASIA](#)
4/7/2016



[Intel-Altera](#)
4/9/2016



[KFC ASIA](#)
8/9/2016



[Motorola Solutions](#)
21/9/2016

Corporate Teambuilding (3)



Crowe Howath SG
3/10/2016



Elanco
11/10/2016



Khazanah
18/10/2016



KPMGSG
5/11/2016



Pfizer International
9/11/2016



Handshake Tech.SG
18/11/2016



Penang PCET
15/1/2017



Motorola Solutions
25/1/2017



60th Birthday Trishaw
Treasure Hunt
29/4/2017



Intel IE Group
29/5/2017



Intel Global Supply Group
18/7/2017



Intel PSG Group
9/10/2017



Flex Global Supply
13/10/2017



Japan Matsui Group
23/11/2017



Northern Corridor
Implementation Authority
(NCIA) -30/11/2017



1985 Chung Ling High School
Reunion 30/12/2017



Ferring Pharmaceuticals.
12/1/2018

How to Overcome Organization Teamwork Problems?

Imbalance in Team Membership Roles

High Levels of Frustration

Meeting Fatigue

Undiscovered Employee Talents

Negative Perception on External Helps

Unhealthy Competition

Poor Relationship Between Manager & Employees



A Family Doesn't Need to Be Perfect; It Just Needs to be UNITED!

Lack of Openness & Honesty

Expression on Employee's Faces

Rivalry Between Departments

Poor Levels of Support

Employees Not Developing

PENANG COUNTRYSIDE TEAMBUILDING



PROGRAM #4

**BALIK PULAU
NATURE & KAMPUNG HUNT**

Balik Pulau Nature & Kampung Hunts



METRO BIKE
THEY UNITE, THEY WIN!

PENANG

Balik Pulau

Nature Kampung

Countryside Bicycle Tour
Corporate Teambuilding
Durian & Agriculture Farming Tour

support@metrobike.com.my
HOTLINE BOOKING : +6-012 - 429 0035
www.metrobike.com.my



Aqua-Farm



Mangrove Forest



Fishing Village



Durian Plantation



Paddy Field



Fruits Plantation



Vegetable Farm



Goat Farm



Kampung Village

Experience Countryside Activities



Animal Feeding



Fish Catching



Farming



Traditional Games



Adventure Ride



Elastic Shooting



Traditional Trade



Kite Making



Countryside Cycling



Traditional Trade

Penang Balik Pulau Treasure Hunt Sites



1 Fishermen Village



2 Belacan Factory



3 SJK (C) Pulau Betong



4 Kampung Art Village



5 Masjid Pulau Betong



6 Tua Pek Kong Shrine



7 Laksa Janggus



8 Audi Guest House



9 Jabatan Bomba Dan Penyelamat Malaysia



10 Green Mansion



11 Kompleks Desa Genting



12 Masjid Kampung Perlis



13 ATV Shop



14 Pony Ride Horse Riding Countryside Stables Penang

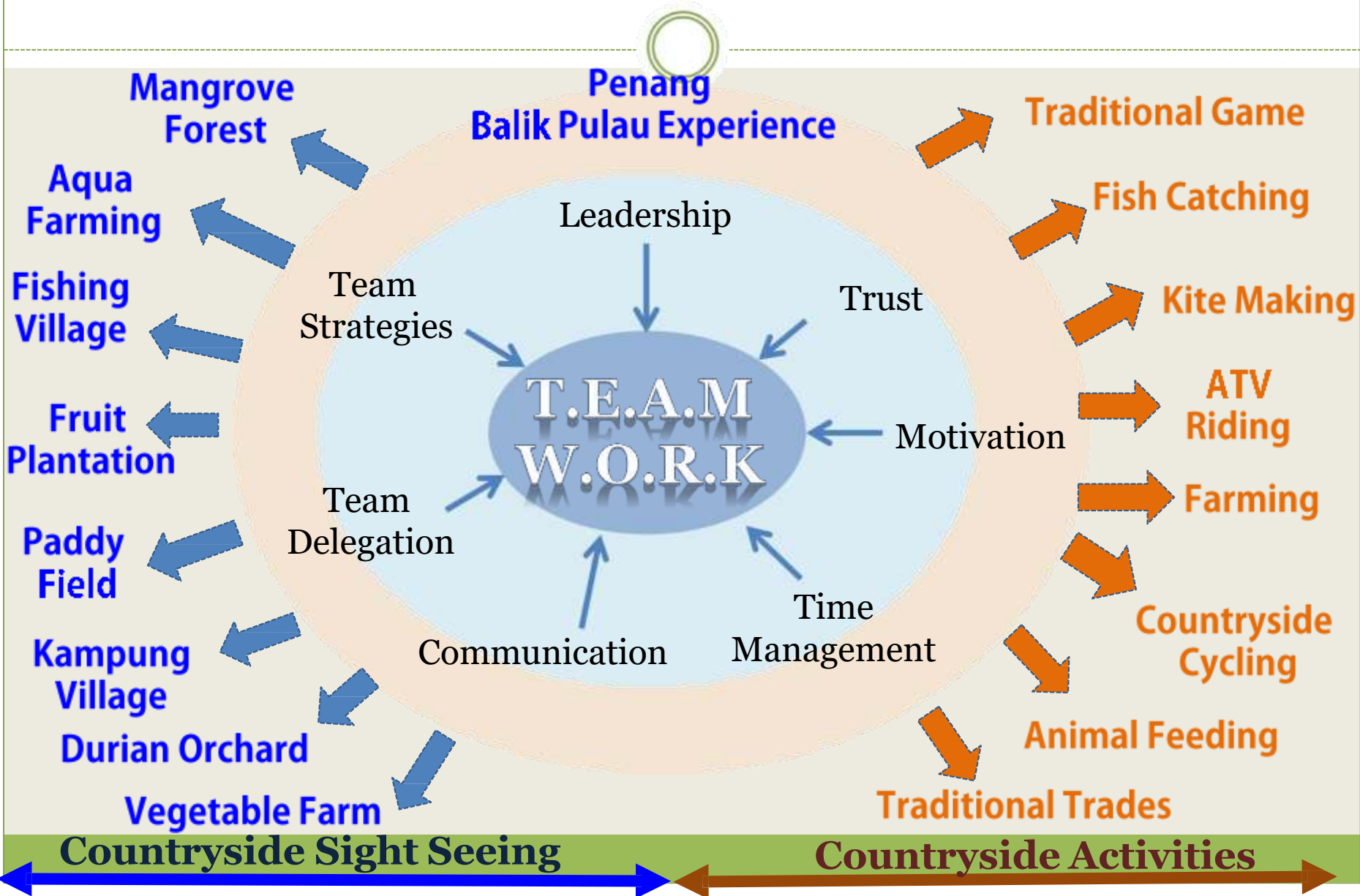


15 Pantai Marinda Balik Pulau



16 Pemriagaan Bedak Sejuk Lean Song

Penang Nature & Kampung Hunts



1 Day -Build A Winning Team Workshop

No	Time	Period	Activities
1	7:30am-8:00am	30mins	Breakfast Refreshment
2	8:00am-8:10am	10mins	<u>Part 1</u> Briefing , Group Formation & Ice-Braking Session
3	8:15am -10:45pm	2.5 hours	Balik Pulau Nature & Kampung Hunt – Teamwork Practice
4	12:00pm-1:00pm	1 Hour	Lunch
5	1:00pm-1:30pm	30mins	<u>Part 2</u> Module 1 – Teamwork Assessment
6	1:30pm-2:30pm	1 hour	Module 2- Team Weaknesses <ul style="list-style-type: none"> • Identify team behavioural problems & weaknesses • Find the remedies to heal the injuries
7	2:30pm-3:00pm	30mins	Tea Break
8	3:00pm-4:00pm	1 hours	Module 3 – Team Development (based on Bruce Tuckman’s Model)
9:	4:00pm-4:30pm	30mins	Module 4 – Resolving Team Conflict & Build A Winning Team

Contact



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- **TripAdvisor Link:**
http://www.tripadvisor.com.my/Attraction_Review-g298303-d2406073-Reviews-Metro_Bike_Easy_Green_Travel-Georgetown_Penang_Island_Penang.html
- **Facebook Link: https://www.facebook.com/pages/Metro-Bike/125554367465490?ref=tn_tnmn**